



BEACON WASH

HEALTHY YOU

Request your free copy of this poster for use at Home/Office/School etc

I AM THE HAND

- I do a lot of good things for you
- Also, I easily pick up germs that would make you ill if you don't wash me often



I touch people and things	WASH ME AFTERWARDS
I touch insects, pets, plants, etc.	WASH ME AFTERWARDS
I touch things at the toilet	WASH ME AFTERWARDS
I help sneezing, coughing, yawning etc.	WASH ME AFTERWARDS
I pick food to your mouth	WASH ME BEFORE AND AFTERWARDS
I do many other things	ALWAYS WASH ME WHEN YOU GET HOME

HOW TO WASH YOUR HAND PROPERLY

STEP 1

Rinse your hand



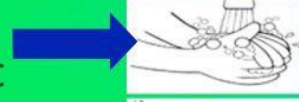
STEP 2

Use Soap



STEP 3

Lather and scrub - 20sec



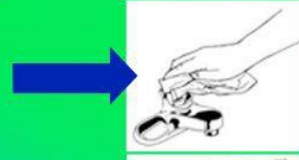
STEP 4

Rinse - 10sec



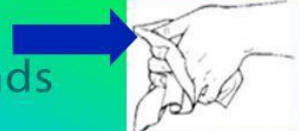
STEP 5

Turn tap off



STEP 6

Dry your hands



DON'T FORGET TO WASH:

- Between the fingers
- Under your nails
- Back of your hands
- Palm
- Wrist
- Fingers

REMEMBER: GOD WANTS YOU TO BE HEALTHY AND NOT SICK

ENDORSED BY



THE BEACON FAMILY (TBF), Tel: +233 54 9972183,
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TBF, STRENGTHENING THE FOUNDATION OF SOCIETY

PARTNER TBF, SUPPORT PROMOTION OF HEALTHY LIFESTYLE IN SCHOOLS, HOMES, OFFICES AND OTHER PUBLIC PLACES.